



EUROPEAN RESUSCITATION COUNCIL

Basic Life Support Provider & Instructor Courses



Courses variants

1. Basic Life support provider (BLS)
2. Automated External Defibrillator provider (AED)
3. Basic life support/Automated external Defibrillator provider course (BLS/AED –P)
4. Basic life support/Automated external Defibrillator instructor course (BLS/AED –I)



BLS provider courses Objectives

- how to evaluate a collapsed patient
- Standardised CPR for adults and children
- Safe use of AED
- Applying recovery position to unconscious patient
- Save choking person



BLS instructor course Objectives

- European Resuscitation Council Principles of teaching Adults
- BLS Skills Teaching
- How to assess CPR skills



Teaching materials methods

- Manual
- Lecture (s)
- Demonstrations
- Hands on training Skill Stations



Audience for provider courses

- Medical (Multidisciplinary) & Non-medical personnel
- No prior medical prerequisites are needed
- Adolescents (over 12 years)



Audience for Instructor courses

- Instructor potentials selected from provider courses



Duration

- *All variants are one day courses*
- *BLS and AED provider each is equivalent to 4 hours CME .*
- *BLS /AED provider and BLS /AED instructor each is equivalent to 6 heures CME*



BLS Course Assessment

- Practical skills (continual assessment) in provider and instructor courses
- Final skill assessment in provider courses
- Provider certificate valid for three year