

First aid is what you do to help someone who is injured or unwell.

*Do it well...
Help saving a life...*

How to reach us?

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Standard First Aid, CPR, and AED



Develop your resuscitation skills to take it to an emergency with professional help or without it. Safely.

This course is available to you, whether at home, in a public place or at work.

This programme meets the standards for first aid in the workplace.

What you will learn

- Principles of emergency
- Resuscitation
- Immediate and professional help

Course content

- Safety assessment
- Airway, Breathing, Circulation
- Checking for a pulse
- Safe air support
- Resuscitation
- CPR
- Adult, Child and Infant
- Bleeding and wounds
- First aid
- Burns
- Amputations
- First Aid for people with
- Disabilities
- College courses
- Training
- Life and non-emergency
- Offshore and diving skills

Course materials

Student materials

- All three new Quick-Quid
- All three new, 2014 & 2015 Q&A

Student Workbook

- Full color photographs, illustrations and video demonstrations

• All three new Quick-Quid

- Additional assignment issues/assignment cards

• All three new Q&A cards

The full color quick guides are perfect handout study materials complete to have for use at their fingertips. All course materials are more than 2000 full pages.

Course DVD



Teaching Methods

- variety of teaching methods are used in the course
- all topics will be covered by Q&A cards
- photographs with demonstrations for first aid skills
- illustrations and graphics throughout the materials
- First Aid manual, video, photographs, photos, manuals, etc.
- video, publications for instruction
- additional demonstrations of emergency care scenarios
- interactive format showing of emergency care scenarios
- All three course materials
- perfect memorization

Course length

3 Hours

Course completion

1. All written examinations for National Safety Council courses are multiple choice exams and require a minimum passing score of 80%.
2. Participants must obtain able to demonstrate the required skills for each course.

